



INGLETON C OF E PRIMARY SCHOOL

NEWSLETTER

FEBRUARY 2024

Manor Road, Ingleton, Darlington, Co. Durham DL2 3JE
Website: www.ingletoncofeprimary.co.uk

Tel: 01325 730336

Email: admin@ingletoncofeprimary.co.uk

Facebook: www.facebook.com/ingletoncofeprimaryschool/

Dear Parent / Carers,

WEEK BEGINNING 05/02/24



CHILDREN'S MENTAL HEALTH WEEK

This week in school we will be celebrating Children's Mental Health Week (5th-11th February)

This year's theme is '**My Voice Matters**'. My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves.

At Ingleton C of E Primary School, we are committed to supporting the mental health and wellbeing of our pupils, families and staff. We know that everyone experiences life challenges that can make us vulnerable and at times, anyone may need additional emotional support. In school, we also have a trained member of staff (Mrs Briggs) who is our Mental Health First Aider.

Please see our webpage for further information and links to useful websites which you may find informative:

<https://www.ingletoncofeprimary.co.uk/pupils/mental-health-wellbeing/>

SAFER INTERNET DAY – TUESDAY 6TH FEBRUARY 2024

What is Safer Internet Day?

Safer Internet Day 2024 will take place on the **6th February 2024**, with celebrations and learning based around the theme 'Inspiring change? Making a difference, managing influence and navigating change online'. Safer Internet Day is the UK's biggest celebration of online safety.

This year Safer Internet Day will be focusing on change online, this includes covering:

- Young people's perspective on new and emerging technology
- Using the internet to make change for the better
- The changes young people want to see online
- The things that can influence and change the way young people think, feel and act online and offline

During our Votes for School lessons, pupils will consider the "digital divide" between them and the adults in their lives, and to reflect on what we can learn from each other when it comes to the internet. Key Stage 1 pupils will have their say on: "**Can adults and children learn from each other about the online world?**", while Key Stage 2 pupils will decide: "**Do adults have the tools to teach you about the online world?**"

Last term in our Computing lessons, we learned about how to keep ourselves online understanding that the information we put online leaves a digital footprint or trail. We have also discussed the positive and negative influences of technology on health and the environment and the importance of balancing game and screen time with other parts of our lives.

Please see the links below for further information

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2024/parents-and-carers>

Some other resources which you may find helpful in supporting your child online are:

- <https://www.childnet.com/parents-and-carers/>
- <https://saferinternet.org.uk/guide-and-resource/parents-and-carers>
- <https://www.internetmatters.org/parental-controls/>
- <https://www.ceop.police.uk/Safety-Centre/>
- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/>



WEEK BEGINNING 12/02/24



YEAR 5 TASTER DAY – STAINDROP ACADEMY – TUESDAY 13TH FEBRUARY

Year 5 pupils have been invited to Staindrop Academy on **Tuesday 13th February (pm)** to take part in a taster session. Pupils will take part in a cooking session and a PE lesson on the day. A letter will be sent to parents with further information.

VALENTINE'S DAY – WEDNESDAY 14TH FEBRUARY

After requests from the children and a discussion in the School Council meeting pupils have asked if they can **wear red and/or pink clothing (£1 suggested donation for non-uniform)** on Wednesday and hold a **Valentine themed bake sale and have nail painting**. Extra pennies will be needed for this. All donations will go to the school fund. The School Council will decide what they would like to spend it on. Thank you for your continued support.

Y5/Y6 NETBALL COMPETITION - WEDNESDAY 14TH FEBRUARY

Oak Class will be participating in a Netball competition with other local schools at Newton Aycliffe Leisure Centre on **Wednesday 14th February (pm)**. Pupils will need their full **PE kit, a water bottle and a warm coat** please. They will be back by the usual time for home time.

LAST DAY OF TERM- FRIDAY 16TH FEBRUARY

The last day of term is **Friday 16th February**. Pupils return to school on **Tuesday 27th February** as we have a school PD day on Monday 26th.

<https://www.ingletoncofeprimary.co.uk/parents/school-holidays/>



OTHER NOTICES

NEW PHONE SYSTEM

Last week we had a new phone system installed. Now when you ring school you will hear the following options:

- **Press 1:** To report a pupil's absence.
- **Press 2:** To speak to The Hive / Kim for Wraparound Care (during wraparound hours).
- **Press 3:** To speak to the main office.

You will also be able to leave a voicemail as before.

- **Telephone:** 01325 730366
- **Email:** admin@ingletoncofeprimary.co.uk



For all wraparound queries/bookings please either email Kim directly or telephone (press option 2) – thank you.

- Kim (Wraparound Care)– KMartin@ingletoncofeprimary.co.uk

EDUCATIONAL VISITS

We are currently in the process of organising some exciting school trips for the Summer Term linked to our learning in school. Due to increased transport costs, we felt it appropriate to give you extra warning and time to pay. FOIS have kindly agreed to subsidise the bulk of the transport costs to lower the cost for parents. Once dates have been confirmed the applicable trips will appear on your Parent Pay account and you will have a longer period before payment is due. Further information will be provided nearer the time, but I just wanted to explain in case you saw the charges on your Parent Pay account. Thank you for your ongoing support.

April / May

- **Nursery & Reception** - Preston Park / Butterfly World
- **Year 1 & Year 2** – Preston Park -Toy Workshop & Museum (**£12 per child**)

May

- **Reception - Y6 – Visit to the Life Centre at Newcastle.** This includes a science workshop on Space for Reception and Key Stage 1 and a Discovering Chemistry Workshop for KS2 pupils. The cost also includes entry to the centre. (**£15 per child**).

June / July

- **Key Stage 2** – Killhope Lead Mining Museum (**£12 per child**).



ROBINWOOD RESIDENTIAL – SEPTEMBER 2024

We have decided to book our residential visit to Robinwood again for this September. A letter has been sent home with KS2 pupils. To secure your child's place, we kindly request a deposit payment of **£25 by Friday 1st March**. The payment can be made via ParentPay. The remaining balance can be paid in instalments between now and the departure date. Once we have confirmed the numbers, we will send out further information regarding the trip. To express your child's interest in participating, please complete and return the slip attached to the letter sent out last week - many thanks.

WORLD BOOK DAY – THURSDAY 7TH MARCH

We will be celebrating World Book Day in school on **Thursday 7th March**. We will be hosting a range of fun activities in each class and pupils have asked if they can **dress up as characters from their favourite book**. Just to let you know FOIS have a selection of **pre-loved costumes** available via Uniformerly <https://uniformerly.co.uk/search-listings/?q=&c=5350>
If your child would prefer not to dress up, they can also wear non-uniform for the day.



INDOOR SHOES

We will be sending home your child's plimsolls at the end of this half term. Please can you check that these still fit your child and/or are in a suitable condition. Several children have been complaining recently that they are too small or they can't keep them on their feet but keep forgetting to tell parents – thank you.

WATER BOTTLES

All pupils are asked to bring in a water bottle each day so they can drink regularly throughout the day. These will be sent home every night so that they can be washed and returned to school again the following morning. We request that these drinks bottles contain **water only**, please. Water is essential to your child's health. It aids digestion, helps prevent constipation, and is vital for proper blood circulation.



PARKING

This is a polite reminder to ask you to please take care when dropping off and collecting pupils at school. **Please can we ask that you park safely away from the school gate and respect residents' drives and the verges**. We strongly encourage you to use the Black Horse car park and walk down to the school –thank you.

EASTER SERVICE – MONDAY 25TH MARCH

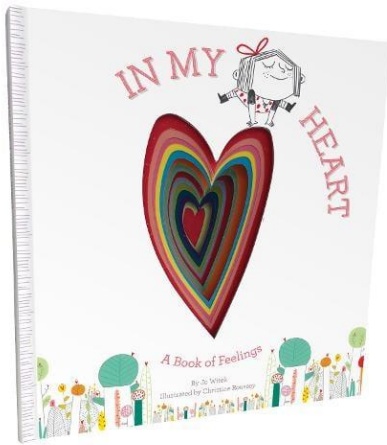
Advanced notification that our Easter Service will be held on the afternoon of **Monday 25^h March** at St John's Church, Ingleton. All are welcome.

STARS OF THE WEEK

- **Willow Class (Rec/ Y1 & Y2)** – Izzy, Mhairi, Jack, Billie & Freddy
- **Chestnut Class (Y3&Y4)** – Lexie, Ben H & Oliver J
- **Oak Class (Y5&Y6)** – Grace P, Jacob, Freddie & Eleanor.
- **Core Value Superstars** – Billie, Freddie, Carezza, Theo R, Chestnut Class, Archie D, Eliza, Mason, Isla, Joey, Reuben, Freddie, Jessie, Hugh, Oliver J, Grace A & Eleanor.



RECOMMENDED READS



IN MY HEART: A BOOK OF FEELINGS BY JO WITEK (AUTHOR), CHRISTINE ROUSSEY (ILLUSTRATOR)

In My Heart explores emotions--happiness, sadness, bravery, anger, shyness and more. Unlike other feelings books that tend to oversimplify, In My Heart lyrically explains what an emotion feels like, physically, inside. For example: "When I get really angry, my heart feels like it's going to explode! Don't come near me! My heart is yelling, hot and loud. This is when my heart is mad." On the cover and the right side of each spread, a die-cut heart decreases in size, creating a multi-coloured heart the depth of the entire book.

WHAT'S GOING ON INSIDE MY HEAD? BY MOLLY POTTER (AUTHOR) & SARAH JENNINGS (ILLUSTRATOR)

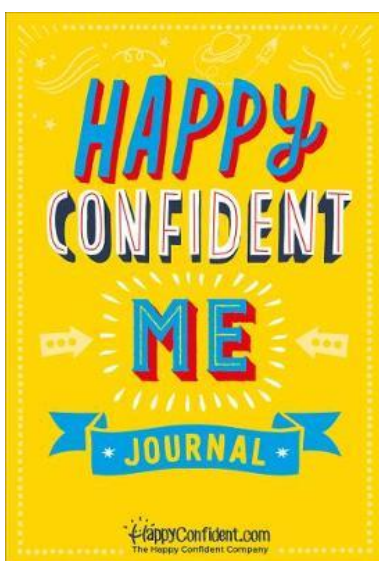
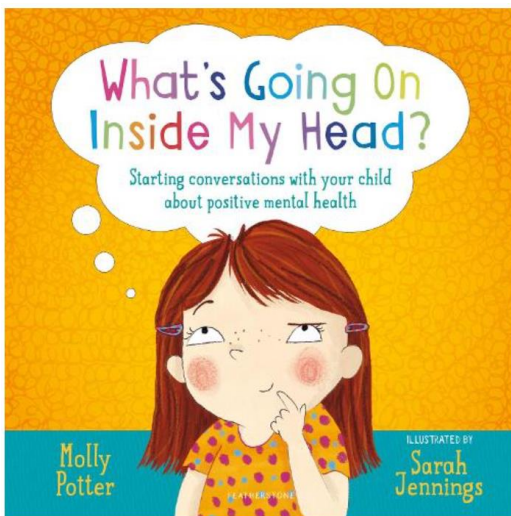
We all know that healthy minds are really important but how do we make sure we look after our mental health from a very young age? What's Going On Inside My Head? is a book for children that explores practical ways we can keep our minds in good shape as well as our bodies.

By talking about positive self-image, emotional intelligence, relationships and mindfulness, this book will help children develop healthy habits and good coping strategies from the start. Presented in a warm, child-friendly but no-nonsense way it will help establish solid foundations for every child's current and future wellbeing.

Perfect for starting conversations with children about their mental and emotional health, What's Going On Inside My Head? is a must for every parent who understands the importance of keeping a healthy mind.

HAPPY CONFIDENT ME JOURNAL BY NADIM SAAD (AUTHOR) & ANNABEL ROSENHEAD (AUTHOR)

Developed by Psychotherapist Annabel Rosenhead and Parenting Expert and best-selling Author Nadim Saad, this beautifully illustrated, full colour journal offers children different inspiring quotes and questions every day. It opens up 6 to 10 years olds' abilities to better understand themselves, reflect on the positives each day and find it easier to discuss their feelings and identify their emotions. In a world where mental health issues among the younger generations are on the rise, this is the first of a series of Happy Confident Me Journals (see more on www.happyconfident.com). These journals take kids on a journey of 10 weeks of journaling, to allow new more positive habits to be formed and better equip your kids to be stronger, happier and more confident. Packed with daily quotes to inspire and fun weekly activities, each day your child has four questions to complete about their day. this is the only journal of its kind on the market today: it is different from other gratitude journals as kids get a free page each day to give them space to further write doodle or draw, kids get to mention the different feelings they felt each day, and they get a great activity to learn a key character building skill each week.



EARLY REMINDER STANDARDISED TESTS

<https://www.gov.uk/guidance/primary-assessments-future-dates>

If you have a child in either Year 1 / Year 2 / Year 4 or Year 6 please click on the following links below for further information:

- [Key Stage 1 SATS Parents Guide](#)
- [Key Stage 2 SATS Parents Guide](#)
- [Year 4 Multiplication Check Updated Information](#)
- [Year 4 Multiplication Check Information for Parents Guide](#)
- [Year 1 Phonics Screening Check Parents Guide](#)

Key Dates

STANDARDISED TEST	WEEK COMMENCING
Year 6 SATs	Monday 13 th May 2024 – Thursday 16 th May 2024.
Year 2 SATs (optional)	It is recommended that the optional key stage 1 tests are administered during May 2024 .
Year 4 Multiplication Check	Schools must administer the multiplication tables check within the 2-week period from Monday 3 June 2024 .
Year 1 Phonic Screening Check	Schools must administer the phonics screening check within the 1-week period from Monday 10 June 2024 .

TERM DATES 2023-2024

Holiday	Closing date	Date re-opens
Spring half-term 2024	Friday 16th February 2024	Tuesday 27th February 2024
Easter 2024	Thursday 28 th March 2024	Monday 15 th April 2024
May Day 2024	Friday 3 rd May 2024	Tuesday 7 th May 2024
Summer half-term 2024	Friday 24 th May 2024	Tuesday 4 th June 2024
Summer 2023	Tuesday 23 July 2024	Thursday 5 th September 2024

Remaining Teacher Training Days this Academic Year 2023-2024

- Monday 26th February 2024
- Monday 3rd June 2024



Many thanks for your continued support.

Mrs. K. Whitaker & The Ingleton Team x

MATTHEW
5:16

LET YOUR LIGHT SHINE

“Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

FOR ALL THE FAMILY!



**St Mary's Church,
Gainford**

**Sunday 11th February
3.30pm-5.30 pm**

All are welcome!

Creative crafts – food – Bible stories – worship songs

Family fun for everyone!

For more info contact: Sarah Fells
StMarys@gainfordwinston.church 01325 733154



Find us on Facebook



**For children 7 to 12 years
Come and join us!**

YOUTH SAINTS

Thursday 8th of February

From 6.30 to 8pm

food

crafts

games
fun

**In St Mary's Church
Gainford**

For more info contact Children's Missioner Sarah Fells
Email StMarys@gainfordwinston.church

