

Ingleton C of E Primary School Physical Education Curriculum Map



Cycle 1 2024-2025		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	EYFS (Nursery & Reception)	Fundamental movement Body management	Fundamental movement Body management	Creative movement Dance and Gymnastic	Cooperate and solve problems	Speed Agility Travel	Manipulation and coordination
		Ball Skills (PP / CT)	Fitness (PP / CT)	Dance (PP / CT)	Working with Others (PP / CT)	Throwing and Catching (PP / CT)	Fun and Games (PP / CT)
	Key Stage 1 (Y1-Y2)	Games	Dance	Gymnastics	Games (Hit, Catch, Run)	Outdoor & Adventurous / Orienteering	Athletics
		Gymnastics PP/CT	Games (Multi Skills) Staindrop	Fitness PP / CT	Invasion (Football) Staindrop	Net and wall (Tennis) PP / CT	
	Key Stage 2 (Y3-Y6)	Invasion (Handball)	Gymnastics KS2	Dance or Fitness KS2	Invasion (Hockey)	Net and wall (Tennis)	Outdoor & Adventurous / Orienteering
		Invasion (Tag Rugby) Staindrop Y3 & Y4	Dance PP / CT Y3 & Y4	Invasion (Netball) Staindrop Y5 & Y6	Strike and Field (Rounders)	Strike and Field (Cricket) Staindrop	Athletics Staindrop
		Y5 & Y6 Swimming		Y3 & Y4 Swimming			

Invasion / Games	Strike & Field	Net & Wall	Dance	Gymnastics	Swimming	O&A	Athletics
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Ingleton C of E Primary School Physical Education Curriculum Map



Cycle 2 2025-2026		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	EYFS (Nursery & Reception)	Fundamental movement Body management	Fundamental movement Body management	Creative movement Dance and Gymnastic	Cooperate and solve problems	Speed Agility Travel	Manipulation and coordination
		Ball Skills (PP / CT)	Fitness (PP / CT)	Dance (PP / CT)	Working with Others (PP / CT)	Throwing and Catching (PP / CT)	Fun and Games (PP / CT)
	Key Stage 1 (Y1-Y2)	Games	Dance	Gymnastics	Games (Hit, Catch, Run)	Outdoor & Adventurous / Orienteering	Athletics
		Fitness PP / CT	Games (Multi Skills) Staindrop	Net and wall Badminton PP / CT	Invasion (Football) Staindrop	Invasion (Hockey) PP / CT	
	Key Stage 2 (Y3-Y6)	Invasion (Basketball) KS2	Gymnastics KS2	Dance or Fitness KS2	Invasion (Football) KS2	Net and wall (Volleyball / Badminton)	Outdoor & Adventurous / Orienteering
		Y5 & Y6 Swimming		Y3 & Y4 Swimming			
		Invasion (Tag Rugby) Staindrop Y3 & Y4	Dance PP / CT Y3 & Y4	Invasion (Netball) Staindrop Y5 & Y6	Strike and Field (Rounders)	Strike and Field (Cricket) Staindrop	Athletics Staindrop

Invasion / Games	Strike & Field	Net & Wall	Dance	Gymnastics	Swimming	O&A	Athletics
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