



Primary Physical Education – Swimming Statutory Requirements

Swimming is an important skill and can encourage a healthy and active lifestyle. All Local Authority schools **must** provide swimming instruction in either Key stage 1 or Key stage 2.

The **programme of study for PE** sets out the expectation that pupils should be taught to:

- ✓ Swim competently, confidently and proficiently over a distance of at least 25 metres.
- ✓ Use a range of strokes effectively (for example, front crawl, backstroke and breast stroke)
- ✓ Perform safe self-rescue in different water based situations.

Swimming and Water Safety Outcomes

Year 6 (2025-2026) (5 Children)

What percentage of Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	80%
What percentage of Year 6 pupils that can use a range of strokes effectively, 10 metres unaided (front crawl, backstroke, breaststroke) when they left your primary school at the end of last academic year?	100%
What percentage of pupils that could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	80%
Schools can choose to use the primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the National Curriculum requirements. Have you used this in this way?	No