



# INGLETON C OF E PRIMARY SCHOOL

## NEWSLETTER

FEBRUARY 2025

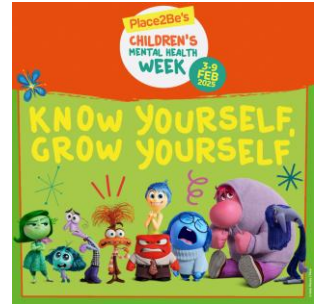
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## Let your Light Shine

### DATES FOR YOUR DIARY



- **Monday 3<sup>rd</sup>-Sunday 9<sup>th</sup> February** – Children's Mental Health Week
- **Monday 10<sup>th</sup> February** – Y5/Y6 Round 2 – Small Schools Football League  
12:45pm Kick-Off.
- **Tuesday 11<sup>th</sup> February** – Safer Internet Day
- **Wednesday 12<sup>th</sup> February** – SIAMS Church Inspection
- **Thursday 13<sup>th</sup> February** - Invitation to Experience Open the Book Storytelling - @ 9.15am
- **Tuesday 18<sup>th</sup> February** – Y5/6 Netball Tournament @ Newton Aycliffe Leisure Centre (am)
- **Thursday 20<sup>th</sup> February** – Y1/2 Multi-skills Festival @ Staindrop Academy (am)
- **Friday 21<sup>st</sup> February** – Last day of Spring Half Term 1
- **Monday 3<sup>rd</sup> March** – Return to school for Spring Half Term 2
- **Thursday 6<sup>th</sup> March** – World Book Day

### CHILDREN'S MENTAL HEALTH WEEK

This week in school we have been celebrating Children's Mental Health Week (**3<sup>rd</sup> - 9<sup>th</sup> February**)  
This year's theme is **Know Yourself, Grow Yourself**.

#### **What does Know Yourself, Grow Yourself mean for pupils?**

As children grow up, they face new challenges, responsibilities and opportunities to discover who they are. The theme '**Know Yourself Grow Yourself**' encourages self-awareness and personal growth, two essential building blocks for mental health and well-being.

#### **Why self-awareness matters**

Self-awareness is the ability to recognise and understand your emotions, strengths, weaknesses and values. For children, this skill is crucial as they navigate friendships, academic pressures and personal identity.

When children are self-aware, they can:

- **Manage their emotions** – recognise when they are feeling stressed, anxious or overwhelmed and take steps to cope.
- **Make better decisions** – understand their values and priorities, which helps them avoid peer pressure.
- **Build stronger relationships** – communicate more effectively and empathise with others.

#### **How personal growth builds resilience and confidence**

Personal growth happens when young people challenge themselves to learn, improve and step out of their comfort zones: it's about progress, not perfection.

#### **Through personal growth, young people can:**

- **Develop resilience** – learn to bounce back from setbacks and see failure as a stepping stone to success.
- **Build confidence** - gain a sense of achievement by setting and reaching goals.
- **Adopt a growth mindset** – believe that abilities and intelligence can improve with effort and persistence.

Parents can find loads of useful advice by clicking on the link– <https://here4you.co.uk/for-parents/>

## **SAFER INTERNET DAY**

### **What is Safer Internet Day?**

Safer Internet Day 2025 will take place on **Tuesday 11th February 2025**, with celebrations and learning based around the theme ***Too good to be true? Protecting yourself and others from scams online.***

Safer Internet Day is the UK's biggest celebration of online safety.

This year Safer Internet Day will be focusing on online scamming this includes covering:

- A message or an email with a suspicious looking link.
- Something that seems too good to be true, like you've won a prize
- Another player in a game agreeing to trade but then taking something and not giving anything in return.
- A video, app, advert or website that says it can show you how to get free money in your favourite game
- Looking for signs that something might be a scam. Does it seem too good to be true?
- Keeping your personal information, like your name, school, email, phone or bank details safe and private.
- Don't click on links, pop-ups or messages if you don't know who they're from or what they are for.
- Talking to a trusted adult.
- Blocking and reporting scammers.

During our Votes for School lessons, pupils will consider the ***"Is it easy to know who to trust online?"***

Please see the links below for further information

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

Some other resources which you may find helpful in supporting your child online are:

- <https://www.childnet.com/parents-and-carers/>
- <https://www.internetmatters.org/parental-controls/>
- <https://www.ceopeducation.co.uk/parents/>
- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>



## **SAFEGUARDING**

At Ingleton C of E Primary School, we are passionate about and committed to safeguarding and promoting the welfare of children and young people and we expect all staff and visitors to share this commitment.

Any concerns about children are passed through the members of staff who are trained as Designated Child Protection Leads. In our school, these are myself (Mrs Whitaker) and Mrs Street-Poulsen. We also have two link Safeguarding Academy Councillors - Mr Deakin and Mrs Hawlor.



Mrs Whitaker



Mrs  
Street-Poulsen



Mr Deakin



Mrs Hawlor

We have robust policies in place to ensure the well-being of our children. These policies underpin our practice and values shared by every single member of staff in our school.

Copies are available from the school office or via our [website](#).

**Please note that if you are ever worried or concerned about a child's safety, please do not hesitate to speak to the Designated Safeguarding Leads straight away.**

## PE KITS

Please can you ensure that your child brings their correct PE kit in weekly, or they can leave it in school Monday to Friday or for the half term – thank you.



## SMALL SCHOOLS FOOTBALL LEAGUE

On **Monday 10<sup>th</sup> February** some KS2 pupils will be taking part in Round 2 of the Small Schools Football League. This will be held on Gainford community sports field. Kick-off will be at **12.45pm**. Parents are welcome to attend the event to spectate if you would like to do so.



## OAK CLASS SPORTING EVENT

Pupils from Oak Class will be participating in a Y5/Y6 Netball Competition at Newton Aycliffe Leisure Centre on **Tuesday 18<sup>th</sup> February (9.00am-11.30am)**. Our staff will accompany the pupils and parents do not need to attend. This is for your information only.

The bus will leave promptly at 9.00am.

**Please ensure that pupils come to school in their school PE kits, have a water bottle, and wear a warm coat – thank you!**



## YEAR 1 & 2 MULTI-SKILLS

Year 1 & 2 pupils will be taking part in a multi-skills festival at Staindrop Academy on **Thursday 20<sup>th</sup> February (9.30am-11.30am)**.

Our staff will accompany the pupils and parents do not need to attend. This is for your information only.



## SIAMS INSPECTION

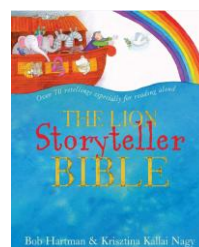
All Church of England and Methodist schools are inspected approximately every five years by a SIAMS inspector from the Church of England. Our School is due to be inspected on **Wednesday 12th February**.

A SIAMS inspection is an opportunity to highlight the impact that the school's Christian vision has on the flourishing of the whole school community. As part of the evidence-gathering process, the inspector would like to speak with a range of people, including parents. If you would like to speak to the inspector, please pop along to the school office at **3pm**.

## OPEN THE BOOK ASSEMBLY

As part of our ongoing commitment to engaging storytelling in school, we are collaborating with local community representatives from St Mary's Church in Gainford. They regularly perform assemblies through the Open the Book (OtB) project, which shares Bible stories with children in a fun, interactive, and memorable way.

You are warmly invited to join us on **Thursday 13th February at 9.15 am** for a special assembly where our guests will present a 10–15-minute scripted story around the story of Ruth. This is a fantastic opportunity for you to see how these stories come to life and how they involve the children throughout. We'd love to see you there!



## WORLD BOOK DAY

We will be celebrating World Book Day on **Thursday 6<sup>th</sup> March**. We will be hosting a range of fun activities in each class and pupils have asked if they can **dress up as characters from their favourite book**.

FOIS have pre-loved costumes available via Uniformerly.

<https://uniformerly.co.uk/search-listings/?q=&c=5350>

FOIS are also organising a book sale. This will take place straight after school at 3.30pm on **Thursday 6<sup>th</sup> March**. Proceeds from the book sale will be used to enhance the education of our children. Children will also get the opportunity to visit the book sale during the afternoon if you would like to send your child to school with some cash to spend.



## WE NEED YOUR UNWANTED BOOKS!

In order to make our book sale a success we need book donations! If you have any books that your child no longer reads, then please consider donating them to our book sale. Then come along to our sale and refresh your home library with some new ones.

Due to limited storage space in school, please bring any book donations to school on **Monday 3<sup>rd</sup> March – thank you!**



## ANGEL TRUST CLOTHING COLLECTION

A huge **THANK YOU** to everyone who dropped off clothing donations for the Angel Trust. Your donations will be converted into food for local people who access Angel Trust Food Bank, as well as granting wishes for those in County Durham and Darlington.

<https://www.angeltrust.co.uk/clothingcollection>



## ATTENDANCE

Our Minimum Target is 96% Well done to all classes who have achieved attendance above our minimum target. Super work! 😊

<u>Willow</u>	<u>Chestnut</u>	<u>Oak</u>
<b>97%</b>	<b>97%</b>	<b>97%</b>

Current Whole School Attendance is 97%  
Amazing Work - Well done everyone!



## ATTENDANCE & ABSENCE POLICY

### 2024-2025

Just a reminder that our **Attendance and Absence Policy 2024-2025** is available on our school website.  
[https://www.ingletoncofeprimary.co.uk/web/school\\_policies/](https://www.ingletoncofeprimary.co.uk/web/school_policies/)

This has been updated in line with updated Government guidance and regulations including information linked to the new national framework on issuing penalty notices.



## EDUCATIONAL VISITS

We are currently in the process of organising some exciting school trips linked to our learning in school.

- **27<sup>th</sup> March** – EYFS / KS1 Trip to The Locomotion Museum
- **9<sup>th</sup> April** – Y1-Y6 Trip to Durham Cathedral
- **21<sup>st</sup> May** – Whole School trip to Auckland Castle, Faith Museum & The Spanish Gallery.
- **Summer Term 2** – Whole School trip to Tynemouth Date TBC.



## EMERGENCY CONTACT DETAILS

Please can you let the office know if you have recently updated any of your contact details **especially mobile phone numbers and email addresses** as it is essential that we have two contact numbers per child - thank you.

## WATERBOTTLES

Please send your child to school each day with a water bottle containing **water only**. These can be refilled across the day.

## STARS OF THE WEEK

- **Willow Class (EYFS/ Y1 & Y2)** – Thomas M, Katherine, Billie, Freddie, Esther, Thomas J, Felix & Jack
- **Chestnut Class (Y3&Y4)** – Noah, Archie, Mason, Theo, Freddy & Carenza
- **Oak Class (Y5&Y6)** – Hugh, Freddie, Reuben, Grace, Max, Amelia, Eliza & Georgia

## CORE VALUE SUPERSTARS LOVE / KINDNESS / HONESTY & RESPECT

- **Willow Class (EYFS/ Y1 & Y2)** – Emmett, Rosie, Thomas J, Thomas M, Theo, Olivia, Izzy & Mia
- **Chestnut Class (Y3&Y4)** – Carenza, Archie, Freddy, Theo & Mason
- **Oak Class (Y5&Y6)** – Eliza, Freddie, Max, Joey, Reuben & Eleanor

**Keep Up the Good Work!**



## EARLY REMINDER STANDARDISED TESTS

<https://www.gov.uk/guidance/primary-assessments-future-dates>

If you have a child in either Year 1 / Year 2 / Year 4 or Year 6 please click on the following links below for further information:

- [Key Stage 1 SATS Parents Guide](#)
- [Key Stage 2 SATS Parents Guide](#)
- [Year 4 Multiplication Check Information for Parents Guide](#)
- [Year 1 Phonics Screening Check Parents Guide](#)

### Key Dates

STANDARDISED TEST	WEEK COMMENCING
Year 6 SATs	Monday 12 <sup>th</sup> May 2025 – Thursday 15 <sup>th</sup> May 2025.
Year 2 SATs (optional)	It is recommended that the optional key stage 1 tests are administered during May 2025.
Year 4 Multiplication Check	Schools must administer the multiplication tables check within the 2-week period from Monday 2 <sup>nd</sup> June 2025.
Year 1 Phonic Screening Check	Schools must administer the phonics screening check within the 1-week period from Monday 9 <sup>th</sup> June 2025.

## TERM DATES 2024-2025

Holiday	Closing date	Date re-opens
Spring half-term 2025	Friday 21 <sup>st</sup> February 2025	Monday 3 <sup>rd</sup> March 2025
Easter 2025	Friday 11 <sup>th</sup> April 2025	Monday 28 <sup>th</sup> April 2025
May Day 2025	Friday 2 <sup>nd</sup> May 2025	Tuesday 6 <sup>th</sup> May 2025
Summer half-term 2025	Friday 23 <sup>rd</sup> May 2025	Monday 2 <sup>nd</sup> June 2025
Summer 2025	Friday 18 <sup>th</sup> July 2025	TBC

Many thanks for your continued support.

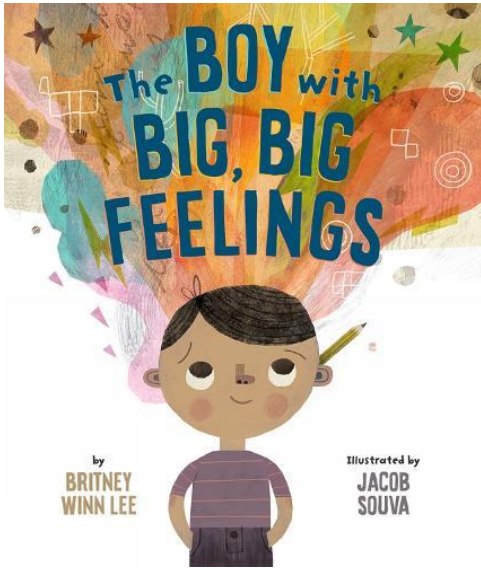
Mrs. K. Whitaker & The Ingleton Team x

MATTHEW  
5:16

LET YOUR LIGHT SHINE

“Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

Recommended Reads



### **THE BOY WITH BIG, BIG FEELINGS (HARDBACK)**

**LEE, BRITNEY WINN (AUTHOR), SOUVA, JACOB (AUTHOR)**

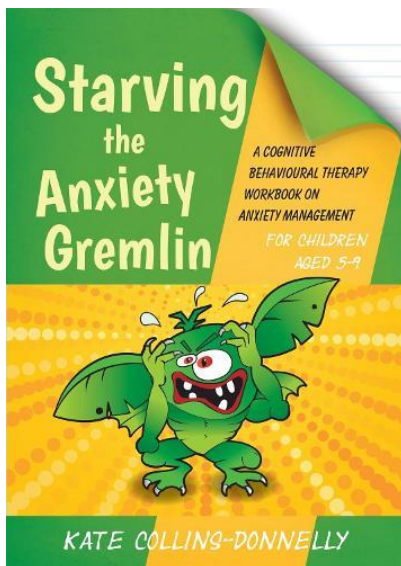
The Boy with Big, Big Feelings is relatable for any child -- especially for a child experiencing anxiety, extreme emotions, a child identified as a Highly Sensitive Person, or a child on the autism spectrum. Beautifully illustrated and written in rhyming verse, children and adults explore the whole spectrum of feelings and readers navigate the emotional challenges they face throughout the day. The main character has feelings so big that they glow from his cheeks, spill out of his eyes, and jump up and down on his chest. When he hears a joke, he bursts with joy. When a loud truck drives by, he cries. When his loved ones are having a hard day, he feels their emotions as if they were his own. The boy tries to cope by stuffing down his feelings, but with a little help and artistic inspiration, the boy realizes his feelings are something to be celebrated. The Big, Big series inspires kids to embrace whatever it is inside them that makes them unique--whether it's big feelings, big ideas, or big questions. Full of creativity and tenderness, each book in the series offers readers connection and companionship as they navigate the challenges of growing up.



### **THE INVISIBLE STRING (PAPERBACK)**

**PATRICE KARST (AUTHOR), JOANNE LEW-VRIETHOFF (ILLUSTRATOR)**

In this relatable and reassuring contemporary classic, a mother tells her two children that they're all connected by an invisible string. "That's impossible!" the children insist, but still they want to know more: "What kind of string?" The answer is the simple truth that binds us all: *An Invisible String made of love. Even though you can't see it with your eyes, you can feel it deep in your heart, and know that you are always connected to the ones you love.* Does everybody have an Invisible String? How far does it reach? Does it ever go away? This heart-warming picture book for all ages explores questions about the intangible yet unbreakable connections between us, and opens up deeper conversations about love.



### **STARVING THE ANXIETY GREMLIN FOR CHILDREN BOOK**

Help children to understand and manage their anxiety with this engaging and imaginative workbook.

The Anxiety Gremlin is a mischievous creature who loves to gobble up your anxious feelings! The more anxiety you feed him, the bigger and bigger he gets and the more and more anxious you feel! How can you stop this? Starve your Anxiety Gremlin of anxious thoughts, feelings and behaviours, and watch him shrink!

Based on cognitive behavioural principles, this workbook uses fun and imaginative activities to teach children how to manage their anxiety by changing how they think and act - getting rid of their Anxiety Gremlins for good! Bursting with stories, puzzles, quizzes, and colouring, drawing and writing games, this is a unique tool for parents or practitioners to use with children age 5 years+.

With hard work and determination, practice and self-belief, and, most importantly, a Growth Mindset, there's no reason why anyone can't achieve anything.

Practical, insightful and positive, this is the book to help children build resilience, embrace their mistakes and grow into successful, happy adults.